

*Wauconda HealthCare and  
Rehabilitation Centre provides short-  
term, subacute rehabilitation.*

*Our goal is to provide the highest  
level of individualized services,  
combined with aggressive physical  
therapy to return patients back to  
their community.*



Wauconda HealthCare and  
Rehabilitation Centre

176 Thomas Ct.

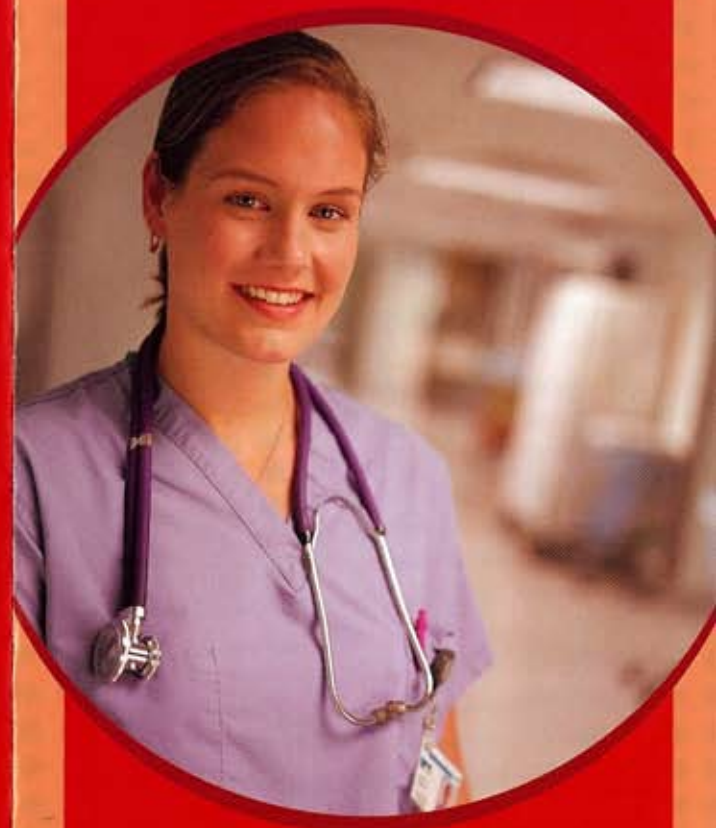
Wauconda, IL 60084

847.526.5551 phone

847.526.7549 fax

[www.waucondacare.com](http://www.waucondacare.com)

*Trusted Care, Peace of Mind*



## Subacute Rehabilitation

Wauconda HealthCare  
and Rehabilitation

## *Wauconda HealthCare and Rehabilitation Centre*

### **Medical Director of Rehabilitation and Therapy Gym**

Our subacute rehab program is lead by our physiatrist a board certified doctor who specializes in physical medicine and rehabilitation. The unique collaboration between our physiatrist, therapists, surgeon, primary care doctor and patient brings a focused approach to physical recovery at Wauconda.

We also feature two therapy gyms which have the latest in rehabilitation equipment, including the award winning NuStep. The NuStep, provides simultaneous upper and lower body motion to work all the major muscle groups and build strength.



*A portion of the Rehabilitation Gym at Wauconda HealthCare*

### **Subacute Rehabilitation Services**

Wauconda features services, which distinguish them from the competition, these services include:

weekly physician-lead rehabilitation conferences.

on-site physician visits 2-3 times a week.

an individualized treatment plan.

home assessments which help each patient transition to safely back to their residence in the community.

a newly remodeled therapy gym.

dedicated unit for short-stay patients.

aggressive discharge planning.

therapists certified in the latest rehabilitative treatments.

Town Square a unique and casual gathering space where patients, families and guest can gather to relax and visit.

### **Rehabilitation Therapists**

Wauconda's therapy team consists of physical, occupational and speech-language therapists who are trained in the latest rehabilitation methods. Many of our staff are additionally certified in specialty areas such Kinesiotaping, Lymphedema treatment, wound care and balance therapy. We also provide E-Stim and Ultrasound treatment to enhance our patient's recovery. Specific areas of expertise held by our therapy team include orthopedic and neurological rehabilitation as well as general deconditioning resulting from a hospitalization.



*Wauconda HealthCare's Bistro is a home-like setting where patients can practice skills which will help them return to home.*